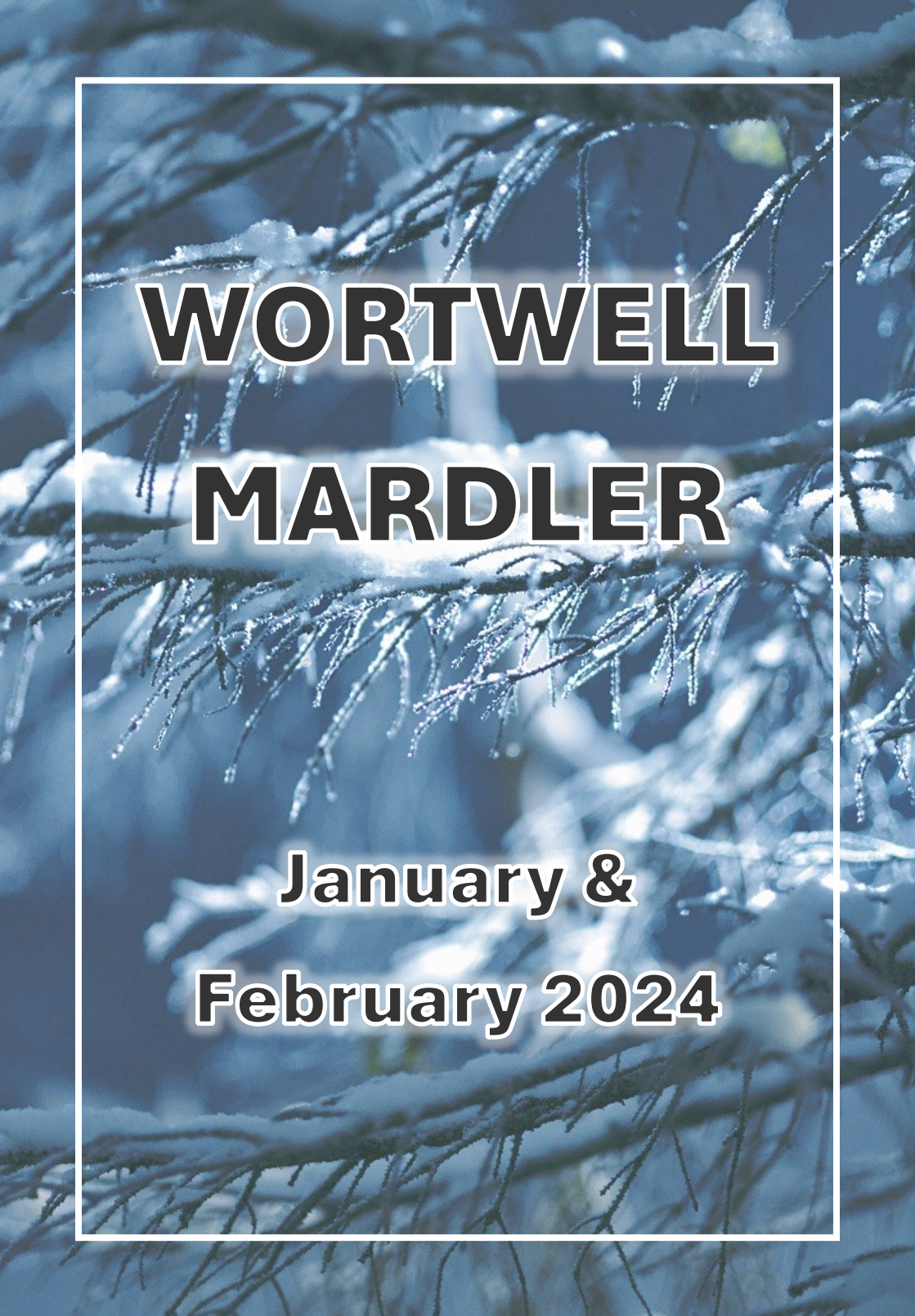




# **WORTWELL MARDLER**

**January &  
February 2024**



# COMMUNITY HUB EVERY FRIDAY

<https://www.facebook.com/thecorewortwell>

## FRIDAY 5TH JANUARY & 2ND FEBRUARY

### AND THE FIRST FRIDAY OF EVERY MONTH



### BINGO : QUIZ : THEMED NIGHTS : GAMES

#### BAR OPEN 7.30 - 10.30PM

Wortwell Community Centre Charity # 1025885



# COMMUNITY HUB

<https://www.facebook.com/thecorewortwell>  
[www.wortwellcore.co.uk](http://www.wortwellcore.co.uk)

## EVERY FRIDAY

### BINGO : QUIZ : THEMED NIGHTS : GAMES

#### BAR OPEN 7.30 - 10.30PM

#### "CLUB, NOT PUB" PRICES



1st FRIDAY OF THE MONTH



ALTERNATIVE 2ND FRIDAY



### SCHEDULE OF EVENTS ON FACEBOOK

Wortwell Community Centre Charity # 11025885

# WORTWELL MARDLER

In which format would you prefer to receive/access the Wortwell Mardler in the future?

## **Wortwell Parish Council would like to hear from you**

**The longstanding Wortwell Mardler is our printed village newsletter, published once every two months, and is delivered free of charge to Wortwell residents. After the paper copy is distributed, the Mardler is published on our village website, so it can be read by a wider audience.**

Which of the following would be your preference in the future:

- a) printed newsletter delivered to your door
- b) access via village website
- c) subscribe to receive e-newsletter

Submit your choice in one of the following ways by 25 January:

- 1) <https://forms.office.com/r/iu9N2cR4Rd>
- 2) QR code
- 3) Contact Lua, Parish Clerk  
email [lua@wortwellpc.org.uk](mailto:lua@wortwellpc.org.uk)/01986 788789



The results will be shared in the March/April issue of the Mardler, which will be printed and delivered in the usual way. Thank You.

## WORTWELL TOWN LANDS CHARITY

Parents/Carers of Wortwell children/young people in receipt of state education are eligible to apply for assistance with residential educational trips and for transfer to sixth form or university that have taken place in the past 12 months.

Residents should contact the Secretary, Mrs. P. Swinden, for more information, contact details: Four Winds, Tunbeck Road, IP20 0HP, telephone 01986 788977.

# Remembrance Day

The annual Remembrance Day Service was held at The Knoll at 3pm on Sunday 12 November.



Canon Nigel Tuffnell delivered the service to a congregation of nearly 40, including members of the Royal British Legion.

Wortwell Parish Council would like to express their grateful thanks to Amanda and Kevin for volunteering their time to refurbish the War Memorial, and to Marion for donating the rose plants.



## Handyperson+ Service

South Norfolk Council's Handyperson+ scheme supports elderly residents to stay in their homes as long as possible with a wide range of small household repairs and minor adaptation work .



The experienced team can help with many tasks including fitting key safes, fall prevention adaptations, smoke alarms, grab rails and better lighting. They can also offer advice on staying warm during cold weather. As well as small works, the handyperson will chat to residents during a visit to see if they would benefit from any additional help. They have an in-depth knowledge of grants, allowances and services a resident may be eligible for.

In addition, the team can direct residents to relevant community support, including social clubs or events in the local area to help combat loneliness.

For more information and to check eligibility visit  
[www.southnorfolkandbroadland.gov.uk/help-stay-existing-home/south-norfolk-handyperson-service](http://www.southnorfolkandbroadland.gov.uk/help-stay-existing-home/south-norfolk-handyperson-service)

# Defibrillator Familiarisation Training

Learn to use the machine,  
be ready for any emergency!



[www.wortwellcore.co.uk](http://www.wortwellcore.co.uk)

[www.facebook.com/the.corewortwell](https://www.facebook.com/the.corewortwell)

Open to everyone, bar open after training

## Friday 19th April

### at 6.30pm



Wortwell CORE Community Centre  
Tunbeck Close Wortwell IP20 0HS  
Charity # 1025885



## OUR NATURE RECOVERY

Norfolk and Suffolk County Councils held a meeting of their partnership group to discuss their Local Nature Recovery Strategies. There was huge interest and commitment with representatives from across both counties. A series of working parties is to be established to concentrate on specific areas such as: land management; water and coast management; mapping; biodiversity priorities; and nature based solutions. A website and communications strategy are under development, and there should be much greater visibility in the coming months.

Community based nature recovery is an important element of overall nature recovery for the region and country. It is a way that everyone can get involved. The voice and actions of ordinary people do count and can make a difference. Remember, the size of the gardens in England is larger than that of the national nature reserves. If people who have previously not thought about nature recovery now do something, and those who are already taking action do a little bit more, the collective impact may be bigger than we think.

South Norfolk Council reinforced their support for nature recovery in December by passing a motion which I proposed. It was agreed to endorse the community nature recovery model pioneered by Harleston and to encourage Parish councils across the district to implement a similar approach across their own communities. Wortwell Parish Council have already endorsed the community model and are ahead of the game on this one.

The Parish Council are now looking to set up a community group to formulate and deliver local initiatives. Parish Councillor, Robert Hadingham, has kindly agreed to be the contact point. We will be giving a brief presentation before the Quiz Night at the Wortwell CORE on Friday 9 February. If you would like to know more, or get involved then please look at: [www.ournaturerecovery.org.uk/community/wortwell](http://www.ournaturerecovery.org.uk/community/wortwell) or email [wortwell@ournaturerecovery.org.uk](mailto:wortwell@ournaturerecovery.org.uk)

Best Wishes, Trevor Graham, District Councillor for the Harleston Ward

## Woof Woof Everyone!



By the time you read this Santapaws would have been and gone. We leave out a carrot and a glass of milk to keep his strength up and be healthy.

Both are gone in the morning, and our beds have orange crumbs – interesting! I wrote my list weeks ago: biscuits, bones and fishies for my tum-tum mmmmm! So, I am hopeful! Ronda asks for the same 'copy pup' but also wants squeaky toys. I've wrotten another note to Santapaws requesting silent toys for her as she keeps me awake or squeaks it in my ears before sunup!

Also, our big New Year's Day walk around Fressingfield would have happened. I'm hopping for a cold and frosty day with lots of biscuits to start the new year, but Dad's hopping for a warm pub and a pint of brown water.

We want to thank everyone for their big efforts, and I'm pleased to announce that I have collected enough bones to give another Guide Dog puppy a name. I've asked for 'Wortwell', and Guide Dogs have agreed as it's such a great name. I expect it to be a boy!! So, all the bones from cards, calendars, bug huts, etc, all go into my bone piggy bank for a pup. Number three is soon to be started.

More great news: Margo has done her exams and passed with flying colours. Then she passed her exams with the new young man in her life, so they are a working match. Her new kennel is north of London somewhere. I hope they get in touch in the new year so we can catch up.

Dad tells me that everyone will be asked about the Mardler being electronic. I don't know what that is. I don't do the flat, black box in the corner of the room; it makes a high wine, just like Ronda's toys! It makes me bark and howl. I am asking for it to be switched off. My paws can't use the flat thing with letters, so I have a secratary! I enjoy writing my news and thoughts from a dog's point of view. I like the paper copy as I help Dad deliver it and see new people and Woofs as we go; it is nice to meet the community.

More good news: there are new puppies and puppy raisers locally, so keep them peeled. 👁️👁️ You might see one in a few weeks. Who used to say that?

Woofs and licks to all Woofs and their huumans for a Happy New Year!

Vinny 🐾 & Ronda 🐾



# Wortwell URC on the High Road

We should be so pleased to see some more of our Wortwell neighbours on a Sunday morning at our little chapel. You would be warmly welcomed with a hot cuppa at our informal worship.

|        |                                               |                     |
|--------|-----------------------------------------------|---------------------|
| 7 Jan  | 9.30am                                        | St Mary's Redenhall |
| 14 Jan | 9.00am                                        | Rev Katie           |
| 21 Jan | 9.00am                                        | George Long         |
| 28 Jan | 9.00am                                        | Worship             |
| 4 Feb  | 9.30am                                        | St Mary's Redenhall |
| 11 Feb | 9.00am                                        | The Rev Thom        |
| 18 Feb | 9.00am                                        | George Long         |
| 25 Feb | Partnership Service at London Road, Harleston |                     |

## St. Mary's Church, Redenhall

|            |        |                                                        |
|------------|--------|--------------------------------------------------------|
| Sun 7 Jan  | 9.30am | Holy Communion (BCP) (Epiphany)                        |
| Sun 14 Jan |        | No service (Epiphany 2)                                |
| Sun 21 Jan | 4.00pm | Evening Prayer (CW) (Epiphany 3)<br>at 1, Church Close |
| Sun 28 Jan | 9.30am | Morning Prayer (BCP) (Candlemas)<br>at 1, Church Close |
| Sun 4 Feb  | 9.30am | Holy Communion (CW) (2 before Lent)                    |
| Sun 11 Feb |        | No Service (Next before Lent)                          |
| Sun 18 Feb | 4.00pm | Evening Prayer (BCP) (Lent 1)<br>at 1, Church Close    |
| Sun 25 Feb | 9.30am | Morning Prayer (CW) (Lent 2)<br>at 1, Church Close     |

# OUTDOOR GYM EQUIPMENT



Following a successful application in the Spring of 2023, the Parish Council was awarded funding from the National Lottery Community Fund for the purchase and installation of outdoor gym equipment. The equipment has been installed on the 'old' playing field adjacent to Tunbeck Close, is safe and easy to use and is suitable for all abilities. Many thanks to Damien Kerslake for volunteering his time to install the bench.

**Arm & Pedal Bike** - a cycling and upper arm exercise rolled into one. Improves balance and co-ordination while providing a full body workout.

**Elliptical Cross Trainer** - gets the whole body moving, providing an excellent cardiovascular workout, users can set their own pace and choose between forward or reverse motion to work different muscles.

**Seated Leg Press** - provides an excellent workout for thighs, hips and buttocks, once seated, users simply push with their legs to move their seat away from the frame.

**Self-Weighted Rower** - provides a total body workout, improving flexibility, core strength and cardio fitness. Sitting in the chair, clasping the handles, users pull back with the arms, extending the body before using the core, legs and arms to pull the body back to a starting position.

**Air Walker** - provides excellent cardiovascular exercise while developing the leg muscles. Allows a full range of movement in the hip joint improving flexibility and strength, without any impact or stress to joints and back. Suitable for all ages and especially for those for whom jogging, and power walking are not suitable.



### January

5th Bingo  
12th Beetle Drive  
19th Community Hub  
26th Community Hub

### February

2nd Bingo  
9th Quiz Night  
16th Community Hub  
23rd Community Hub

### March

1st Bingo  
8th Beetle Drive  
15th Community Hub  
22nd Community Hub  
29th Community Hub

### April

5th Bingo  
12th Quiz Night  
19th Defibrillator  
Familiarisation Training  
Community Hub  
26th St George's Day  
Celebration

### May

3rd Bingo  
10th Beetle Drive  
17th Community Hub  
24th Community Hub  
31st Community Hub

### June

7th Bingo  
14th Quiz Night  
21st Community Hub  
28th Community Hub

### July

5th Bingo  
12th Beetle Drive  
19th Community Hub  
26th Community Hub

### August

2nd Bingo  
9th Quiz Night  
16th Community Hub  
23rd Community Hub  
30th Community Hub

### September

6th Bingo  
13th Beetle Drive  
20th Community Hub  
27th Community Hub

### October

4th Bingo  
11th Quiz Night  
18th Community Hub  
25th Community Hub

### November

1st Bingo  
8th Beetle Drive  
15th Community Hub  
22nd Community Hub  
29th Community Hub

### December

6th Bingo  
13th Christmas Quiz Night  
20th Community Hub  
27th Community Hub  
31st New Year's Eve Party

# 2024 Events

Please check our Facebook page  
[www.facebook.com/thecorewortwell](https://www.facebook.com/thecorewortwell)  
for updates

Attend any 10 sessions of our BINGO, QUIZ or BEETLE DRIVE, get  
your loyalty card stamped and earn £10 of free drinks at the bar.



# Gardening Jobs for January & February 2024

source: [www.rhs.org.uk](http://www.rhs.org.uk)

**It might be cold but the garden is starting to come alive, so get digging, feeding, mulching and pruning in preparation for the year ahead.**

## January

Recycle your Christmas tree by shredding it for mulch. As the days lengthen, the garden starts to grow, so now is a great time to plan for the coming gardening year, including vegetable crop rotations, and to order seeds and plants. Clean pots and greenhouses ready for Spring and check your winter protection, stakes, ties and supports are still working after any severe weather. Dig over any vacant plots, start forcing rhubarb and disperse worm casts in lawns. Prune apple and pear trees and inspect stored tubers of Dahlia, Begonia and Canna for rots and drying out. If you have outdoor peaches and nectarines, make a polythene shelter to protect them against peach leaf curl. Also put out food for birds and leave some garden areas uncut, a little longer, to provide shelter for wildlife in your garden.

## February

Spring is approaching, with bulbs appearing and wildlife waking up as light levels and temperatures increase. It's time to prune shrubs, climbers, Wisteria and hardy evergreen hedges, and renovate overgrown deciduous hedges as well as conservatory climbers such as bougainvillea. Prepare vegetable seed beds, sow some vegetables under cover and chit potato tubers. Divide bulbs such as snowdrops and plant those that need planting 'in the green'. Protect blossom on apricots, nectarines and peaches, net fruit and vegetable crops to keep the birds off.

**IF YOU ONLY DO ONE THING...**get ready to feed your plants. They're about to have a huge growth surge and it would really help them get off to a good start. If you have time, dig in well-rotted organic matter but, for a quick fix, sprinkle a balanced fertiliser onto the soil.

# WHAT'S ON AT HARLESTON LIBRARY

Tel: (01379) 852549    Email [Harleston.lib@libraries.norfolk.gov.uk](mailto:Harleston.lib@libraries.norfolk.gov.uk)

All of us at Harleston Library would like to wish you a very Happy New Year!

A big thank you to all of you who have already shared with us your memories of Harleston Library, but we still need more. Do you have any stories or photographs of Harleston Library that you would like to share? If so, please e-mail us at the above address or pop something through our door, we would love to hear from you! The library officially opened on 11 December 1963, but we have decided to tie our celebrations in with 'Library Lovers Month' which runs for the whole of February.

On 14<sup>th</sup> February we will be holding a 60<sup>th</sup> Anniversary celebration afternoon where you can come and see our display of 'Highlights in the History of Harleston Library'. Refreshments will be provided.

More details of our special birthday will be in the next issue, and we will also keep you posted about our plans on our Facebook page:

<https://www.facebook.com/DissHarlestonLongStrattonLibrariesNorfolk/>

**Dates for your Diary (all activities are free of charge with refreshments available):**

**Every Monday** - LEGO Club 3.30-4.30pm

**Wednesday 3 Jan** – Meet & Make group (Adults) 2.00pm – 3.00pm  
– Family Fun Time (Accompanied children aged 4+)  
3.30pm - 4.30pm

**Wednesday 10 Jan** – Knit and Natter Group 1.30pm-3.00pm

**Wednesday 17 Jan** – Meet & Make group (Adults) 2.00pm - 3.00pm  
– Family Fun Time (Accompanied children aged 4+)  
3.30pm - 4.30pm

**Wednesday 24 Jan** – Knit and Natter Group 1.30pm-3.00pm

## **Opening Hours:**

Mon 8am-7pm (Staffed 11.30am-7pm), Tues 8am-7pm (Open Libraries all day)  
Wed 8am-7pm (Staffed 10am-7pm), Thurs 8am-7pm (Open Libraries all day)  
Fri 8am-7pm (Staffed 11.30am-7pm), Sat 8am-4pm (Staffed 11.30am-4pm)  
Sun 10am-4pm (Open Libraries all day)

# WORTWELL PARISH COUNCIL

Chairman: Clive Aylett Tel. 788432

Hazel Carter Tel. 07769205676 Allison Copeman Tel. 788116

Daphne Cook Tel. 788303 Bill Eddy Tel. 788332

Julie Worley Tel. 788163 Robert Hadingham Tel. 788622

Parish Clerk: Lua Leggett Tel. 01986 788789

email: [lua@wortwellpc.org.uk](mailto:lua@wortwellpc.org.uk)

## Next meetings:

Parish Council Meetings

Monday 29 January

Monday 26 February

Members of the public are welcome to attend the meeting and there will be an opportunity for public participation. Meetings begin at 7.30pm and are held in the Waveney Room at Wortwell CORE.

Please note that the Parish Council's Minutes and Agendas can be viewed on the Council's website at

**[http:// wortwellpc.norfolkparishes.gov.uk](http://wortwellpc.norfolkparishes.gov.uk)**

## CONTENT & ADVERTISING IN MARDLER

We would like to receive news and articles of interest to others from villagers and local clubs and groups; good news stories, celebrations etc. If you would like to advertise your business in the Mardler, the costs per issue are £8 for ¼ page, £15 for ½ page or £30 for a full page.

Items for the next issue of the Wortwell Mardler should be submitted via email to [allison@wortwellpc.org.uk](mailto:allison@wortwellpc.org.uk) by Tuesday 20 February.

## THE CORE, WORTWELL



Booking Clerk Alison Shailes Tel: 01986 788189

Chairman Bill Eddy Tel: 01986 788332

Email: [wortwellcore@gmail.com](mailto:wortwellcore@gmail.com)

Website: [www.wortwellcore.co.uk](http://www.wortwellcore.co.uk)

Check out our Facebook page

## The **SUANLO TRIO** in '**WINTER JOY**'



A concert of popular music,  
film songs and classical pieces.

**Loreto Aramendi** (Organ)

**Ana Salaberria** (Soprano)

**Suzanna Guterl** (Flute)



**Saturday 20th January at 19:30**  
**All Saints Church, Alburgh**

Tickets £15.00 each. Children under 12 are free.

Price includes canapes and a glass of wine.

Hamper raffle to be held during the interval.

All proceeds go to the All Saints extension fund.



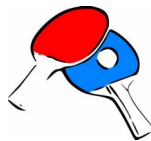
Call **Ann Wrench** for tickets:

**01379 852569 / 07990 524794**



## **TABLE TENNIS CLUB**

at WORTWELL COMMUNITY  
CENTRE



Monday evenings 7pm—9pm

Welcomes new members  
of all abilities and ages  
(under 18s must be  
accompanied by an adult)

For more information, contact  
Jerry tel: 01986 788116

# Support for anyone who is feeling vulnerable:



- ▶ All ages
- ▶ Help with obtaining the basic essentials
- ▶ Feeling isolated

- ▶ Worried about issues at home, including relationships
- ▶ Money issues

Call Help Hub: 01508 533933

e: [helphub@southnorfolkandbroadland.gov.uk](mailto:helphub@southnorfolkandbroadland.gov.uk)



## **GCN ELECTRICAL LTD**

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Mob: 07779 781158**

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## **MOBILE LIBRARY REVISED TIMETABLE**

**Visiting Wortwell  
Thursday's 4 weekly**

**Next dates:  
18 January  
15 February**

**Willow Close 13:40 — 14:00  
The Packway 14:05 — 14:25**



# **GOODSWENS GARAGE**

## **CAR AND COMMERCIAL REPAIRS**

**Specialists in Class 4, 5 & 7 MOT's**

## **24 HOUR RECOVERY SERVICE**

**60 High Road, Wortwell, IP20 0EF  
tel: 01986 788212**

**NISSAN SPECIALISTS**

**Accident and Bodywork Repairs, Insurance  
Work Undertaken**



# **BURNS NIGHT SUPPER**

**Saturday 27th January 2024**

**Alburgh Village Hall**

**Includes 3 course meal**  
(vegetarian option available)

**Entertainment by Miss Kitty**

**Ticket only Admission**

**Doors & Bar open 6pm Start 7pm**

**LIMITED TICKETS AVAILABLE**

**Book Early**

Tickets £17.50

Box office: 01986 788 732

In aid of  
All Saints Church Alburgh